



POCONO SUMMIT ADVENTURE CAMP

Scouting adventures in the heart of the Pocono Mountains!

If you are a thrill-seeker looking for outdoor challenges and fun, then look no further than Minsi Trails Council's exciting **Pocono Summit Adventure Camp** program based at Camp Minsi in Pocono Summit, PA. Located in the heart of the Pocono Mountains, Camp Minsi serves Scouts and Venturers from throughout the region and all across the country.

This special 4-day program provides a variety of unique outdoor challenges and adventures in the beautiful Pocono Mountains of Pennsylvania! Activities include: whitewater rafting, horseback riding, mountain biking, hiking, treetop ropes courses with quad-racing zip-lines, canoeing, shooting, and so much more!

Sunday, July 26, 2020 to Wednesday, July 29, 2020

2019 Fee: \$300 per participant (if registered before June 1st)

Late Fee: \$335 per participant (if registered after June 1st)

PREPARE FOR ADVENTURE

Who can participate?	The program is open to registered Scout or Venturer (both boys and girls). Participants must be at least <u>14-years-old</u> (or 13-years-old and have completed the 8th grade). Participants must be able to pass the BSA Swimmer's Test in order to participate in water activities, including whitewater rafting.
What kind of leadership do we need?	Scouts can come on their own (or with a buddy) or you can register as a patrol or crew. Our program staff provides adult staff members, supervision and guidance for all Pocono Summit Adventure Camp groups during each activity; however, if you are coming as a unit we encourage adults to come and participate too (why should the kids have all the fun?).
How do we get to all the activities?	The Pocono Summit Adventure Camp staff coordinates and provides transportation to and from the basecamp at Camp Minsi for all of the off-site activities in either buses or vans.
Where will we stay?	Participants will be staying in our summer camp campsites. Each site is equipped with standard BSA canvas tents on raised wooden platforms. Tents hold two cots. Each site also includes a comfort station with private latrine facilities and running water.
What will we eat?	Breakfast and dinner will be served in the Camp Minsi Dining Hall each day. A special trail lunch will be provided while out on the daily adventures. Camp Minsi has an experienced kitchen staff that provides Scouts and Scouters with three delicious and healthy meals every day.
What kind of special gear do I need?	Check the recommended packing list on Page 3 of this guide for a list of suggested personal gear for the week. Good footwear and a water bottle are a must. A small daypack or backpack will be helpful for carrying gear to and from the adventures.
Are there additional costs for any of the activities?	No, all of the program expenses are built-in to the camp fees for this specialty camp. However participants may want to bring some extra spending money for souvenirs and treats at the camp trading post throughout the week.
Do Scouts earn merit badges as part of this program?	This high adventure program is designed for the exhilaration of older Scouts and Venturers. Some merit badge requirements and Venturing award requirements might be achieved through some of the activities during the week, however, unlike traditional summer camp, the focus of the program is not advancement-driven.

ADVENTURE AWAITS...



– Horseback Riding –

Saddle up for a novice-friendly riding experience as you take a guided ride through gently sloping hills and wooded trails on horseback.



– Whitewater Rafting –

Enjoy an exciting rafting trip on the Lehigh River. The 8-mile trek gives you an afternoon of fun on the river interspersed with a touch of Class III rapids.



– Treetop Adventure Course –

The Gorilla Grove Treetop Ropes Course will challenge you with tightropes, rope net climbs, swinging log steps, moving tunnels, platforms, zip lines, and more!



– Quad-racing Zip-lines –

Race at high speeds, four at a time, to compete for the fastest run as you fly through the treetops.



– Mount Minsi Hiking –

Ascend 1,500 feet to the summit of Mount Minsi in the Delaware Water Gap. Hike provides impressive views and breathtaking vistas.



– Mountain Biking –

Ride through the Lehigh Gorge. As you pedal the 25-mile trail, look out for cool rock formations, waterfalls and wildlife.



– Voyageur Canoeing –

Set out on Stillwater Lake for a paddle in Camp Minsi's massive 30-person voyageur canoe! You'll see the power of teamwork as you make this boat speed across the water.



– Shooting Sports –

Take aim and hone your skills with some special, exciting, and advanced hands-on shooting sports challenges – including rifle, shotgun, archery and blackpowder shooting!



– Action Aquatics –

Stillwater Lake provides a variety of exciting aquatic activities – including swimming, canoeing, kayaking, stand-up paddleboarding, water trampolines, climbable icebergs, and more!

Suggested Personal Gear Needed for Pocono Summit Adventure Camp

Extra shirts
Extra shorts
Socks
Underwear
Rain gear
Swimsuit
Sleepwear
Closed-toe water shoes
Sturdy hiking shoes or boots
Warm sweater, sweatshirt and/or jacket
Long pants
Towels

Sleeping bag / blankets
Pillow
Toiletries (toothbrush, toothpaste, soap, shampoo, etc.)
Flashlight
Water bottles
Watch
Sunscreen
Insect repellent
Hat
Sunglasses
Camera
Daypack or small backpack

YOUR WEEK IN THE POCONOS!

Sunday (Check-In)

- Arrive at the Camp Minsi basecamp between 2:00PM and 3:00PM on Sunday.
- You will be directed to check-in at the Administration Building just off the Parking Lot. The office staff will review your registration, confirm that payment has been received and collect all necessary participation releases.
- After checking in at the Administration Building, a staff guide will take you to the Health Lodge for medical checks. All participants must turn in a completed BSA Annual Health and Medical Record (parts A, B and C).
- You will be then be led to your campsite site to unload gear and get settled in to your tent.
- Participants will head to Waterfront at 4PM to complete their swim checks. All Pocono Summit Adventure Camp participants must pass a swim test with a "swimmer" proficiency in order to go whitewater rafting and participate in other aquatics activities (canoeing, kayaking, etc).
- After completing swim checks and a brief camp tour, participants will be free until dinner at 5:45PM. After dinner, participants will gather for a program orientation, adventure briefings, ice-breakers and camp-wide cracker barrel.

Monday - Wednesday

- Each morning starts with colors and breakfast in the Camp Minsi dining hall at 7:45AM. After the morning meal, you'll load up for your day of adventure in the Pocono Mountains. Lunch will be served on the adventure and you'll return to basecamp in time for a dining hall dinner at 6:00PM, followed by a selection of unique evening program options.

Wednesday Evening (Check-Out):

- The Pocono Summit Adventure Camp program concludes on Wednesday evening with our closing ceremonies in the Parade Field at 5:45PM, followed by a camp-wide picnic barbeque. Parents and families coming to pick-up their Scouts are invited to attend the closing ceremonies and the picnic.
- Scouts can sign-out and depart between 7:00PM and 8:00PM on Wednesday evening. If you are attending as a unit, and have the appropriate 2-deep leadership, arrangements can be made for a Thursday morning departure.

QUESTIONS?

Contact us at campminsi@minsitrails.org



July 28 - 31, 2019 at Camp Minsi, Pocono Summit, PA

7:00AM			Colors	Colors
8:00AM		Breakfast	Breakfast	Breakfast
9:00AM		<u>Mountain Adventures</u> Treetop Adventures Zip-Lining Horseback Riding	<u>The Big Day Out</u> Lehigh Gorge Biking Glen Onoko Hiking Whitewater Rafting	<u>Minsi Adventures</u> Voyageur Canoeing Mount Minsi Hike
10:00AM				
11:00AM				
12:00PM				
1:00PM				
2:00PM				
3:00PM	Check In and Arrival			
4:00PM	Camp Orientation and Swim Checks			
5:00PM				
	Colors	Colors		Colors
6:00PM	Dinner	Dinner		Picnic Dinner
7:00PM			Dinner	Check Out and Departure
8:00PM	Adventure Briefings and Cracker Barrel	Action Aquatics on Stillwater Lake		
9:00PM			PSAC Super Shooter @ Shooting Sports	
10:00PM	Taps	Taps	Taps	

www.campminsi.org/PSAC



Connect and Get Additional Resources at:

www.campminsi.org/PSAC

