



# MERIT BADGE AND PROGRAM GUIDE





### **About Camp Minsi**

Camp Minsi is located on the shores of Stillwater Lake atop the beautiful Pocono Mountains in Pocono Summit, Pennsylvania. Donated by Samuel Rubel of New York City to the Boy Scouts of America in 1949, Camp Minsi encompasses more than 1,200 acres of Pennsylvania woodlands while the 314-acre Stillwater Lake provides Scouts with sailing, swimming, fishing and other aquatic activities. Summer camp is the pinnacle of Scouting's outdoor program. With many unique program areas, Scouts have the opportunity to experience a variety of exciting activities at Camp Minsi. This summer is filled with new programs and activities designed to peak the interests of every camper - from newest campers to the seasoned veterans. This guide, in addition to the summer camp website (www.campminsi.org), has been assembled to help Scouts and leaders be prepared for their summer camp experience.



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### **An Introduction to Merit Badges**

This directory outlines details for all of the various merit badge programs available to Scouts this summer at Camp Minsi. While merit badges and advancements are only a portion of the overall summer camp experience, we want to ensure that each Scout is prepared to succeed in earning the badges they set out for and get the most out of these exciting programs. Our ultimate goal is to provide a fun program full of meaningful learning to all Scouts. *Be prepared!* Scouts should review the requirements for each badge that they intend on taking before their week at camp.

Scouts should be sure to complete any necessary **pre-requisite requirements** before coming to camp. Due to the nature of some requirements, and the limitations of the summer camp setting, the listed requirements cannot be completed in the merit badge class. In many cases a signed note from a Scout leader is sufficient to show proof of a pre-requisite; or bringing a copy of the written requirement (such as a report, letter, or menu). Please be sure to complete all pre-requisites prior to coming to camp to ensure a completed merit badge at the end of the week. In some cases, Scouts will not be able to work on or complete other requirements without having completed the pre-requisite requirements first. To help ensure that all Scouts have a meaningful and worthwhile merit badge experience, Scouts who have not completed the pre-requisites prior to camp may be encouraged by the councilor to find another merit badge to take at that time (especially in the cases of Eagle-required merit badges).

Some merit badges, particularly those in the Handicraft and Shooting Sports areas, have **additional costs** associated with the class. Craft kits, shooting tickets, or other necessary items needed to complete specific requirements are sold in the trading post. Approximate costs for the materials needed for each badge are listed in this guide. Please be prepared for these purchases. Other badges may require that Scouts bring certain items with them to camp – such as a bicycle for Cycling or fishing gear for Fishing – please review the badge descriptions in order to be prepared.

To help Scouts make appropriate badge sections, each badge has been assigned a difficulty rating. One star denotes an easier badge, while three stars denote more challenging ones. Scoutmasters and unit leaders should guide Scouts in their merit badge selections. An *Application for Merit Badge* (aka "blue card"), signed by an approved Scout leader, is required for each merit badge a Scout takes.



### **Aquatics**



#### Canoeing

**Pre-requisites:** 2 (must be able to classify as a *Swimmer*)

Difficulty level: ★★

**Description:** For centuries, the canoe was a primary method of travel for explorers and settlers. Today, it remains an important part of the outdoor experience and an enjoyable

leisure activity that teaches communication, teamwork, and physical fitness.



#### **Kayaking**

**Pre-requisites:** 2 (must be able to classify as a *Swimmer*)

Difficulty level: ★★

**Description:** Kayaking has become a mainstay in outdoor recreation. Kayaking is a great

workout, a soothing way to clear your mind, and an ideal reason to get outside.



#### **Lifesaving**

**Pre-requisites:** 1a (must be able to classify as a *Swimmer*)

Difficulty level: ★★★

**Description:** The main purpose of the Lifesaving merit badge is to prepare Scouts to assist those involved in water accidents, teaching them the basic knowledge of rescue techniques, and the judgment of how to act in an emergency.

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#### Rowing

**Pre-requisites:** 2 (must be able to classify as a *Swimmer*)

Difficulty level: ★★

**Description:** Rowing, using oars as a means of propelling boats, has grown from a basic method of transportation to a competitive sport and an enjoyable method of exercising.



#### **Small Boat Sailing**

Special double-block program

**Pre-requisites:** 2 (must be able to classify as a *Swimmer*)

Difficulty level:  $\star \star \star$ 

**Description:** Sailing is one of the most enjoyable pastimes on the open water. However, smooth sailing requires paying careful attention to safety. Scouts must also attend the sailing orientation on Monday during siesta.



#### **Swimming**

**Pre-requisites:** 2 (must be able to classify as a *Swimmer*), 7 (should have previous diving experience)

Difficulty level: ★★★

**Description:** Swimming is a leisure activity, a competitive sport, and a basic survival skill. Scouts who earn this badge will learn about safety when swimming and diving, how swimming can contribute to overall fitness and health, and gain various swimming skills.



#### **BSA Boardsailing**

**Pre-requisites:** 1 (must be able to classify as a *Swimmer*)

Difficulty level: ★★★

**Description:** The purpose of the Boardsailing BSA award is to introduce basic boardsailing skills, equipment, and safety precautions; to encourage the development of skills that promote fitness and safe aquatic recreation; and to lay a skill and knowledge foundation for those who will later participate in more advanced and demanding activities on the water. <u>BSA Boardsailing is not a merit badge.</u>



#### **BSA Stand Up Paddleboarding**

**Pre-requisites:** 2 (must be able to classify as a *Swimmer*)

Difficulty level: ★★

**Description:** The BSA Stand Up Paddleboarding award introduces Scouts to the basics of stand up paddleboarding (SUP) on calm water, including skills, equipment, self-rescue, and safety precautions. This award also encourages Scouts to develop paddling skills that promote fitness and safe aquatics recreation. <u>BSA Stand Up Paddleboarding is not a merit badge</u>.



#### **BSA Mile Swim**

Pre-requisites: Must be able to classify as a Swimmer

Difficulty level: ★★★

**Description:** The Mile Swim award is offered to encourage swimming skills, build fitness and recognize Scouts who swim one mile or more. *BSA Mile Swim is not a merit badge.* 

### Citizenship & Communications



#### **Citizenship in the Nation**

Pre-requisites: 2, 8
Difficulty level: ★★★

**Description:** As Scouts fulfill the requirements for this merit badge, they will learn how to become active citizens are aware of and grateful for their liberties and rights, to participate in their governments and protect their freedom, helping to defend their country and standing up for individual rights on behalf of all its citizens. This Eagle-required merit badge is recommended for older and more experienced Scouts.



#### Citizenship in the World

Pre-requisites: 7

Difficulty level: ★★★

**Description:** Scouts will discover that they are already citizens of the world. How good a world citizen each person is depends on his willingness to understand and appreciate the values, traditions, and concerns of people in other countries. This Eagle-required merit badge is recommended for older and more experienced Scouts.



## Communications Pre-requisites: 5, 8 Difficulty level: ★★★

**Description:** Communications merit badge focuses on how people use messages to generate meanings within various contexts, cultures, channels, and media. The field of communication promotes the effective and ethical practice of human communication. This Eagle-required merit badge is recommended for more experienced Scouts.



Journalism ⇒New for 2020€

Pre-requisites: 2

Difficulty level: ★★★

**Description:** Journalism merit badge focuses on profession of reporting and writing for newspapers, magazines, or the internet or preparing news to be broadcast on radio or television. Scouts will explore the news world, freedom of speech, and the role of journalist to deliver reliable facts.

### **Ecology/Conservation**



# Environmental Science Pre-requisites: 3e, 3f Difficulty level: ★★★

**Description:** While earning the Environmental Science merit badge, Scouts will get a taste of what it is like to be an environmental scientist, making observations and carrying out experiments to investigate the natural world. This Eagle-required merit badge is recommended for older Scouts. This badge requires Scouts to make and record daily observations of at least 20-minutes outside of the regularly scheduled class time.



#### **Exploration**

Special double-block program

Class held in conjunction with Geology merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: 4, 5
Difficulty level: ★★

**Description:** Explorers engage in search and discovery of information and resources. In human history, its most dramatic rise was during the Age of Discovery when European explorers sailed and charted much of the world. Since then, major explorations after the Age of Discovery have occurred for reasons mostly aimed at information discovery. Scouts will learn how to become an explorer and chart their own course.



#### Fish & Wildlife Management

Pre-requisites: 5
Difficulty level: ★

**Description:** Wildlife management is the science and art of managing the wildlife with which we share our planet. Maintaining the proper balance and the dynamics that go with it requires humankind's attention. We use this stewardship tool to help minimize or eradicate the possibility of extinction of any given species.



**Fishing** 

Pre-requisites: *none*Difficulty level: ★★

**Description:** Baden-Powell once wrote: "Every Scout ought to be able to fish in order to get food for themselves." Scouts will spend time fishing and learning skills to become

better anglers. Bring your own fishing rod and tackle. Be prepared to fish!



#### **Forestry**

Special double-block program

Class held in conjunction with Plant Science merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: none
Difficulty level: ★★

**Description:** Scouts will explore the remarkable complexity of a forest and identify many species of trees and plants and the roles they play in a forest's life cycle. They will also discover some of the resources forests provide to humans and come to understand that people have a very large part to play in sustaining the health of forests.



**Geology** ⇒New for 2020€

Special double-block program

Class held in conjunction with Geology merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: none
Difficulty level: ★★

**Description:** Geology is the study of Earth. It includes the study of materials that make up Earth, the processes that change it, and the history of how things happened, including human civilization, which depends on natural materials for existence.



**Mammal Study** 

Pre-requisites: none
Difficulty level: ★

**Description:** A mammal may weigh as little as 1/12 ounce, as do some shrews, or as much as 150 tons, like the blue whale. It may spring, waddle, swim, or even fly. But if it has milk for its young, has hair of some kind, is relatively intelligent, and has warm blood, then it is a mammal.



Plant Science ⇒New for 2020€

Special double-block program

Class held in conjunction with Forestry merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: none
Difficulty level: ★★

**Description:** Plant scientists use their curiosity and knowledge to develop questions about the world of plants. Then they try to answer those questions with further observations and experiments in the laboratory and in the field. To earn this merit badge, Scouts will explore three of the most important plant science specialties: agronomy, horticulture, and field botany.



#### **Reptile & Amphibian Study**

Pre-requisites: 8
Difficulty level: ★★

**Description:** Boys always have been interested in snakes, turtles, lizards, and alligators, as well as frogs and salamanders. Developing knowledge about these captivating creatures leads to a greater appreciation for all native wildlife.



#### **Soil & Water Conservation**

Pre-requisites: none
Difficulty level: ★★

**Description:** It is the duty of every person to learn more about the natural resources on which our lives depend so that we can help make sure that these resources are used intelligently and cared for properly.



#### Weather

Pre-requisites: 9
Difficulty level: ★

**Description:** Meteorology is the study of Earth's atmosphere and its weather and the ways in which temperature, wind, and moisture act together in the environment. In addition to learning how everyday weather is predicted, Scouts can learn about extreme weather such as thunderstorms, tornadoes, and hurricanes, and how to stay safe.

### **Handicraft**



#### <u>Art</u>

**Pre-requisites:** 6

Costs: Approximately \$15.00

Difficulty level: ★

**Description:** This merit badge concentrates on two-dimensional art. It includes an introduction to design applications in the fields of graphic arts and industrial design, history and design principles, and how these fields relate to fine art. Scouts must visit a museum or art exhibit prior to coming to camp (requirement 6).



#### **Basketry**

**Pre-requisites:** none

Costs: Approximately \$15.00

Difficulty level: ★

**Description:** Basketry is a handy skill for a Scout. A basket can be a sturdy companion on campouts or around the house. Scouts must purchase approximately \$15.00 worth of materials from the trading post – including a basket kit and a stool kit.



#### Chess

Pre-requisites: none
Difficulty level: ★★

**Description:** Chess is one of the world's most popular games, played by millions of people worldwide. Scouts will explore the game of chess while learning the history, rules strategies, and techniques of the game. It is recommended that Scouts bring a chess board to camp to play and practice in their campsite throughout the week.



#### **Leatherwork**

Pre-requisites: 5

Costs: Approximately \$15.00

Difficulty level: ★

**Description:** Scouts who complete the requirements to earn the Leatherwork merit badge will explore leather's history and its endless uses. They will learn to make a useful leather item using the same types of raw materials that our ancestors used; be challenged to master skills like hand-stitching, lacing, and braiding.



#### **Painting**

Pre-requisites: *none*Difficulty level: ★★

**Description:** The Painting merit badge provides an opportunity for Scouts to learn more about painting, including both the artistic and practical aspects. Scouts should be prepared and bring clothing that can be worn while painting.



#### **Space Exploration**

**Pre-requisites:** none

Costs: Approximately \$15.00

Difficulty level: ★★

**Description:** Scouts will also explore science, history and future of the space program. Scouts are required to launch and retrieve a model rocket they build themselves. The necessary model rocket kits are available through the trading post.



#### **Wood Carving**

Pre-requisites: 2a

Costs: Approximately \$5.00

Difficulty level: ★

**Description:** As with any art, wood carving involves learning the basics of design, along with material selection and tools and techniques, as well as wood-carving safety. The requirements of the Wood Carving merit badge introduce Scouts to an enjoyable hobby.

### **Health & Wellness**



#### **Athletics**

Class held in conjunction with Sports merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: 3, 5
Difficulty level: ★★

**Description:** Being involved in an athletic endeavor is not only fun, but it also a great way

to fulfil the promise each Scout makes "to keep myself physically strong."



#### Cooking

Pre-requisites: 4, 5, 6
Difficulty level: ★★★

**Description:** The Cooking merit badge introduces principles of cooking that can be used both at home or in the outdoors. Scouts who earn this badge will learn about food safety, nutritional guidelines, meal planning, and methods of food preparation. This Eagle-required merit badge is recommended for more experienced Scouts.



#### First Aid

Pre-requisites: 1, 2d Difficulty level: ★★

**Description:** First aid—caring for injured or ill persons until they can receive professional medical care—is an important skill for every Scout. With some knowledge of first aid, a Scout can provide immediate care and help to someone who is hurt or who becomes ill. First aid can help prevent infection and serious loss of blood. It could even save a limb or a life. This Eagle-required merit badge is recommended for more experienced Scouts.



Medicine ⇒New for 2020€

Pre-requisites: none
Difficulty level: ★★

**Description:** The practice of medicine has a rich history that spans several centuries. Since the first use of plants and other items as simple medicines and balms, many men and women have contributed to the advancement of the "healing arts."



#### **Personal Fitness**

Pre-requisites: 6, 7, 8 Difficulty level: ★★★

**Description:** Personal fitness is an individual effort and desire to be the best one can be. Personal Fitness merit badge focuses on developing good physical, mental, social and emotional health. This is a challenging and Eagle-required merit badge, and is recommended for more experienced Scouts.



Public Health ⇒ New for 2020€

Pre-requisites: 7
Difficulty level: ★★

**Description:** The field of public health deals with maintaining and monitoring the health of communities, and with the detection, cure, and prevention of health risks and diseases. Although public health is generally seen as a community-oriented service, it actually starts with the individual. From a single individual to the family unit to the smallest isolated rural town to the worldwide global community, one person can influence the health of many.



#### **Sports**

Class held in conjunction with Athletics merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: 4, 5 Difficulty level: ★★

**Description:** Millions of people participate in sports every year. For some the appeal is the close friendships that come with being part of a team. For some, the personal fitness is so important that exercise becomes a daily need. And still others desire the feeling of achievement, that feeling of improvement that comes with dedication to a sport.

### **ScoutCraft**



#### **Backpacking**

Class held in conjunction with Hiking merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: 10, 11
Difficulty level: ★★

**Description:** Scouts will learn what equipment to carry on their backs and what knowledge to have in their heads. In addition, Scouts will discover how to protect the environment by traveling and camping without leaving a trace. By mastering the basics of backpacking, Scouts will develop an even deeper respect for the outdoors.



#### **Camping**

Pre-requisites: 7, 8d, 9
Difficulty level: ★★

**Description:** Camping is one of the best-known methods of the Scouting program. When he founded the Scouting movement in the early 1900s, Baden-Powell encouraged every Scout to learn the art of living out-of-doors. He believed a young person able to take care of himself while camping would have the confidence to meet life's other challenges. This Eagle-required merit badge is recommended for more experienced Scouts.



#### **Emergency Preparedness**

Pre-requisites: 1, 2c, 8b
Difficulty level: ★★

**Description:** Scouts are often called upon to help because they know first aid and they know about the discipline and planning needed to react to an emergency situation. Earning this merit badge helps a Scout to be prepared by learning the actions that can be helpful and needed before, during, and after an emergency. Scouts must earn First Aid merit badge in order to complete Emergency Preparedness (requirement 1).



#### Fire Safety

Pre-requisites: none
Difficulty level: ★★

**Description:** The ability to use fire safely is essential to human survival. By earning this merit badge, Scouts will learn to uses fire safely and responsibly, how to prevent home fires, and how to handle fire safely, as well as burn prevention, and camping safety.



#### Hiking

Class held in conjunction with Backpacking merit badge (Scouts can earn both if they have blue cards for both)

Pre-requisites: 4, 5, 6 Difficulty level: ★★

**Description:** Hiking is a terrific way to keep your body and mind in top shape. Exploring

the outdoors challenges you with discoveries and new ideas.



#### <u>Indian Lore</u>

**Pre-requisites:** none

Costs: Approximately \$15.00

Difficulty level: ★

**Description:** Far different from the stereotypes or common images that are portrayed on film, on television, and in many books and stories, American Indians have many different cultures, languages, religions, styles of dress, and ways of life. To learn about these different groups is to take an exciting journey of discovery in which you will meet some of America's most fascinating peoples.



#### Orienteering

Special double-block program

Pre-requisites: 7

Difficulty level: ★★★

**Description:** Orienteering, the use of map and compass to find locations and plan a journey, has been a vital skill for humans for thousands of years. Orienteering is also a recognized sport at the Olympic Games, and thousands of people participate in the sport each year in local clubs and competitions. Scouts should bring a compass to participate in orienteering activities.



#### **Pioneering**

Pre-requisites: *none*Difficulty level: ★★★

**Description:** Pioneering—the knowledge of ropes, knots, and splices along with the ability to build rustic structures by lashing together poles and spars—is among the oldest of Scouting's skills. Practicing rope use and completing projects with lashings also allow Scouts to connect with past generations, ancestors who used many of these skills as they sailed the open seas and lived in America's forests and prairies.



#### Signs, Signals and Codes

Pre-requisites: 7

Difficulty level: ★★★

**Description:** The Signs, Signals, and Codes merit badge covers Morse code, American

Sign Language (ASL), Braille, signaling, trail markings, and other nonverbal

communications. Scouts will learn how to send and receive messages with a variety of

different communication methods.



#### **Wilderness Survival**

**Pre-requisites:** 5

Difficulty level: ★★★

**Description:** In their outdoor activities, Scouts learn to be prepared, and do their best to manage any risks. Scouts will practice survival skills - building shelters, foraging for food,

and staying alive.

### **Shooting Sports**



#### Archery

Special double-block program

Pre-requisites: none

Costs: Approximately \$8.00

Difficulty level: ★★

**Description:** Archery is a fun way for Scouts to exercise minds as well as bodies, developing a steady hand, a good eye, and a disciplined mind. This merit badge can provide a thorough introduction to those who are new to the bow and arrow—but even for the experienced archer, earning the badge can help to increase the understanding and appreciation of archery. Scouts must purchase an arrow kit from the trading post.



#### **Rifle Shooting**

Special double-block program

Pre-requisites: 1f Costs: \$20.00

Difficulty level: ★★

**Description:** A rifle, like any other precision instrument, is manufactured to perform a specific task and, if handled correctly, can do so at no risk to the user or others. By earning this badge, Scouts can develop their shooting skills while learning safe practices.



#### **Shotgun Shooting**

Special double-block program

Pre-requisites: 1f Costs: \$30.00

Difficulty level: ★★★

**Description:** A shotgun is a precision instrument, designed to shoot a shot charge in a specific pattern to cover a designated area at a certain distance. By earning this badge,

Scouts can develop their shooting skills while learning safe practices.

### **Sports & Recreation**



**Cycling** 

Pre-requisites: 7
Difficulty level: ★★

**Description:** Scouts will learn about bicycles and cycling by working on the requirements for this badge. <u>You must bring your own bike and helmet</u> to participate in the program.



Theater ∋New for 2020€

Pre-requisites: 1 Difficulty level: ★★

**Description:** Millions of people participate in sports every year. For some the appeal is the close friendships that come with being part of a team. For some, the personal fitness is so important that exercise becomes a daily need. And still others desire the feeling of achievement, that feeling of improvement that comes with dedication to a sport.

### **Trading Post**



Salesmanship

Pre-requisites: 5
Difficulty level: ★★

**Description:** By studying salesmanship, Scouts can learn self-confidence, motivation, friendliness, and the persistence necessary to overcome obstacles and solve problems. Sales can offer a challenging and rewarding career for those who enjoy interacting with people from all walks of life.

### Camp Minsi 2020 – Merit Badge Schedule

	9:00 - 9:50	10:00 – 10:50	11:00 -	- 11:50	2:00 - 2:50	3:00 - 3:50	4:00 - 4:50	
Aquatics	Rowing	Canoeing	Canoeing		a		wimming and boating	
	Kayaking	Lifesaving	Kayaking					
	Small-boat Sailing		Swimming		Swimming	BSA Mile Swim	BSA Mile Swim	
	Instructional swim	BSA Stand Up Paddleboarding	BSA Boardsailing		Small-boat Sailing		Instructional swim	
Citizenship & Communications	Citizenship in the World	Communications	Citizenship in the Nation		Communications		Journalism	
Ecology Conservation	Fishing	Fish & Wildlife Management	Environmental Science		Forestry / Plant Science		Environmental Science	
	Mammal Study	Reptile & Amphibian Study	Soil & Water Conservation		Geology / Exploration		Fishing	
Handicraft	Basketry	Leatherwork	Wood Carving		Basketry	Leatherwork	Wood Carving	
	Chess	Art	Space Exploration		Painting	Art	Space Exploration	
Health &	First Aid	Medicine	Cooking		Public Health	First Aid	Cooking	
Wellness	Personal Fitness					Athletics / Sports		
	Theater	Cycling			Afternoon Adventures			
High Adventure	Introduction to Outdoor Leader Skills				M: Horseback Riding / T: Treetop Course / W: Whitewater Rafting W: Muck Hike / T: Mountain Biking / F: Rock Climbing			
ScoutCraft	Camping	Emergency Preparedness	Fire Safety		Orienteering		Wilderness Survival	
	Signs, Signals and Codes	Pioneering	Indian Lore		Hiking / Backpacking	Camping	Pioneering	
Shooting Sports	Archery Open archery		archery	Archery		Open archery		
	Rifle Shooting Open shooting		Shotgun Shooting		Open shooting			
Trail to Adventure	First-year Camper Program			First-year Camper Program				
Trading Post	Open Trading Post	Salesmanship	Open Trading Post		Open Trading Post			

### www.campminsi.org/badges

### The Trail to Adventure

The Trail to Adventure (TTA) is Camp Minsi's first-year camper program. The daily 3-hour program runs a mirror schedule, meaning that the same program is offered in both the morning and the afternoon, allowing the other half of a Scout's day for merit badges and other programs throughout camp. During the course of the week, Scouts will build many of the skills necessary to earn the ranks of Scout, Tenderfoot, Second Class, and First Class while building teamwork, leadership, and other Scout skills.



#### Monday – An Introduction to Scout Camp, Flags, and Knives

The Trail to Adventure program utilizes the patrol method. The week starts with Scouts being divided into patrols and choosing a patrol name and cheer. Scouts will learn the history of the American flag, as well as how to fold, raise, lower, and care for the American flag. Scouts will visit several program areas in camp as they complete various requirements and get an introduction to Boy Scouts and summer camp. Additionally, Scouts will review the rules and guidelines of safe knife, axe and saw use in order to earn their BSA Totin' Chip cards.



#### **Monday Evening – TTA Super Shooter**

On Monday evening, all first-year Scouts in camp are invited to the shooting ranges for the TTA Super Shooter. This special program allows new Scouts to get special shooting experiences at both the rifle rage and the archery range.



#### Tuesday – First Aid and Being Prepared

Scouts will learn and demonstrate first aid skills and how to be prepared in emergency situations. Scouts will depart on Camp Minsi's interactive First Aid Trail! They will come across various stations throughout camp featuring real-world first aid scenarios and will be asked to apply their first aid knowledge and skills.



#### Wednesday - Hiking and Backcountry Safety

The center of the week features a special backcountry hike in the backwoods of Camp Minsi. Before departing, Scouts will review important hiking safety tips and basic map and compass skills. Scouts are expected to bring proper footwear for this hike along with at least one full water bottle.



#### Wednesday Night – TTA Outpost (Fires, Cooking and Leave-No-Trace)

On Wednesday evening, TTA Scouts will take part in a special outpost. They will demonstrate their fire-building skills, cook their own dinner, learn the principals of Leave-No-Trace, and spend the night as a group away from their troops. Scouts will review the rules and guidelines of fire safety in order to earn their BSA Firem'n Chit cards. Scouts should be prepared and bring a sleeping bag, water bottle, and a ground-cloth or tarp to sleep on.



#### Thursday – Aquatics

On Thursday, TTA will travel to Waterfront for a variety of aquatic-based activities. While at Waterfront, Scouts will learn the principles of the BSA's Safe Swim Defense and Safety Afloat. Additionally, Scouts will learn and demonstrate various water rescues, boating skills, and have an opportunity for some free swimming in Stillwater Lake.



#### Friday – Knots, Rope, and Service

Friday is all about knots. Scouts will learn how to tie basic Scout knots: including the square knot, bowline, two half hitches, taut-line hitch, and the clove hitch. Scouts will also learn how to care for and whip and fuse rope. The week will conclude with Scouts reviewing the skills they learned throughout the week and giving back to Camp Minsi and doing a "good turn" by completing a camp improvement service project.

### **Camp Minsi Afternoon Adventures**

If you are a thrill-seeker looking for new outdoor challenges and fun, then look no further than Camp Minsi's exciting Afternoon Adventures. These special programs provide a variety of unique outdoor adventures for Scouts in the heart of the Poconos!

Scouts must be at least 14-years-old (or 13-years-old and have completed the 8th grade) to participate in all of the off-site adventures; additional fees are required to cover transportation and equipment rentals for off-site adventures (pre-register in DoubleKnot and purchase an "Adventure Pass" before coming to camp to guarantee your spot and save money!)



#### Horseback Riding at the Ranch – Monday

Saddle up for a beginner-friendly riding experience as you take a guided ride through gently sloping hills and wooded trails on horseback.

**Pre-registration price:** \$30.00 per person **In-camp sign-up price:** \$40.00 per person

Must be at least 14-years-old (or 13-years-old and have completed the 8th grade)



#### **Treetop Adventures** at Gorilla Grove – Tuesday

The Gorilla Grove Treetop Ropes Course will challenge you with tightropes, rope net climbs, swinging logs, moving tunnels, platforms, quad-racing, zip lines, and more!

**Pre-registration price:** \$30.00 per person **In-camp sign-up price:** \$40.00 per person

Must be at least 14-years-old (or 13-years-old and have completed the 8th grade)



#### Whitewater Rafting on the Lehigh River – Wednesday

Enjoy a fun-filled rafting trip on the Lehigh River. The eight-mile trek gives Scouts and leaders an afternoon of fun on the river interspersed with a touch of Class III rapids.

Pre-registration price: \$30.00 per person In-camp sign-up price: \$40.00 per person Open to all ages, must qualify as a "Swimmer" to participate.



#### Mountain Biking in the Lehigh Gorge - Thursday

Ride through the Lehigh Gorge. As you pedal the 25-mile trail, you'll see cool rock formations, waterfalls, and abundant wildlife. Bicycle and helmet rental included.

**Pre-registration price:** \$30.00 per person **In-camp sign-up price:** \$40.00 per person

Must be at least 14-years-old (or 13-years-old and have completed the 8th grade)



#### Natural Face Rock Climbing at Eagle Point – Friday

Reach great heights as you ascend to the summit. Develop belaying, climbing and repelling skills to conquer the 60-foot cliffs overlooking Tobyhanna Creek.

**Pre-registration price:** \$30.00 per person **In-camp sign-up price:** \$40.00 per person

Must be at least 14-years-old (or 13-years-old and have completed the 8th grade)

### **Special Camp-wide Programs**

#### **Evening Programs**

Special evening programs and presentations will be announced throughout the week. Evening activities include: open swimming and boating, special shooting sports opportunities, sports and games, troop competitions, astronomy observations, crafts, special presentations, service projects, and more.

#### Thursday Evening Site Cook-In Night

On Thursday evening, the dining hall will not provide a cooked meal; instead, units will be provided with ingredients to cook their own dinner. Each unit will choose a dinner option and are encouraged to bring their own cooking equipment and mess kits to prepare and eat the meal in their campsite.

#### **Order of the Arrow Callout Ceremony**

On Thursday evening the Order of the Arrow will perform their public recognition ceremony, known as the call-out. Arrangements for those who will be called out should be confirmed with the OA coordinator prior to the ceremony.

#### The Muck Hike

Here's is an experience you will never forget! This Wednesday afternoon (2pm-5pm) hike takes Scouts and leaders through the muddy swamps on the western edge of camp as they hike (and swim) through thick mud. The event concludes with a mob of muddy Scout descending upon the waterfront to cleanse in the lake. The hike is open to all Scouts and leaders. Bring clothing (and footwear) that can get extremely wet and dirty (and most likely thrown away afterwards). A special patch is available in the Trading Post to commemorate the experience.

#### **Camp-Wide Whitewater Rafting**

Enjoy a fun-filled whitewater rafting trip on the Lehigh River on Wednesday afternoon. The eightmile trek gives Scouts and leaders an afternoon of fun on the river interspersed with a touch of Class III rapids. This activity is open to all ages, participants must qualify as a "Swimmer" to participate. An additional fee is required.

#### **Early Bird Programs**

Rise and shine, and start your day with an exciting hands-on morning program. Cook unique breakfast dishes at ScoutCraft, exercise and get the blood moving with morning calisthenics, take an early morning dip in the lake at Frigid Froggy, relax and recharge yourself with sunrise yoga, and enjoy a tranquil guided nature hike along the lake. A different program is held each morning at 6:30AM and are a great way to start your day. Units who have representatives attend all five days will earn a special "Early Bird" unit award.

#### **Frontier Town**

Step back in time and visit our NEW western frontier town on Wednesday evening. Scouts can participate in a variety of activities, including: bucking bronco riding, lassoing, tomahawk and knife throwing, hotiron branding, horsemanship, panning for gold, metalworking, candle making, and more! Round out the experience by stopping by the Western Shooting Experience at Shooting Sports.

#### **Stillwater Voyageur Outpost**

Step back in time and visit our backcountry rendezvous site along the shores of Stillwater Lake on Wednesday night. Paddle our massive voyageur canoe across Stillwater Lake for an evening of adventure. Scouts can participate in a variety of activities, including: blacksmithing, woodsmithing, lumberjacking, pioneer games, primitive fire starting, storytelling, fellowship, and more. This overnight outpost is open to Scouts of all ages.

#### **Camp Minsi Honor Troop Award**

The Camp Minsi Honor Troop Award is awarded to units that exemplify the aims and methods the Scouting program. The Honor Troop Award encourages Scout spirit, teamwork, and participation during your week at camp. Honor Troop tracking sheets can be picked up in the Ad-Pad throughout the week.

### **Adult Leader Trainings & Programs**

Training helps adult leaders deliver quality Scouting experiences to their youth. While at camp this summer, leaders can utilize their time to get trained (and have fun) with a variety of adult leader training opportunities. This is a great opportunity for leaders to get these essential trainings completed.



#### **Introduction to Outdoor Leader Skills**

Time: Monday-Friday @ 9AM, meet @ Leaders' Rock

**Description:** Outdoor skills are critical to the success of the Scouting program, and Introduction to Outdoor Leader Skills will provide leaders with the basic outdoor skills information needed to start a program right. The skills taught are based on the outdoor skills found in The Boy Scout Handbook.



#### **BSA Safe Swim Defense**

Time: Monday @ 1PM @ the Ad-Pad

**Description:** Safe Swim Defense training traches the basic principles necessary for conducting a safe swimming activity. Adult leaders supervising a swimming activity must have completed the BSA Safe Swim Defense training.



#### **BSA Safety Afloat**

Time: Tuesday @ 1PM @ the Ad-Pad

**Description:** Safety Afloat training has been developed to promote boating and boating safety and to set standards for safe unit activity afloat. Adult leaders supervising activities afloat must have completed Safety Afloat training within the previous 2 years.



#### **BSA Swim & Water Rescue**

**Time:** By appointment at Waterfront during the Lifesaving merit badge class.

**Description:** Training for BSA Swim & Water Rescue provides BSA leaders with information and skills to prevent, recognize, and respond to swimming emergencies. It expands upon the awareness instruction provided by Safe Swim Defense training.



#### **BSA Paddle Craft Safety**

**Time:** By appointment at Waterfront during the Canoeing or Kayaking merit badge classes.

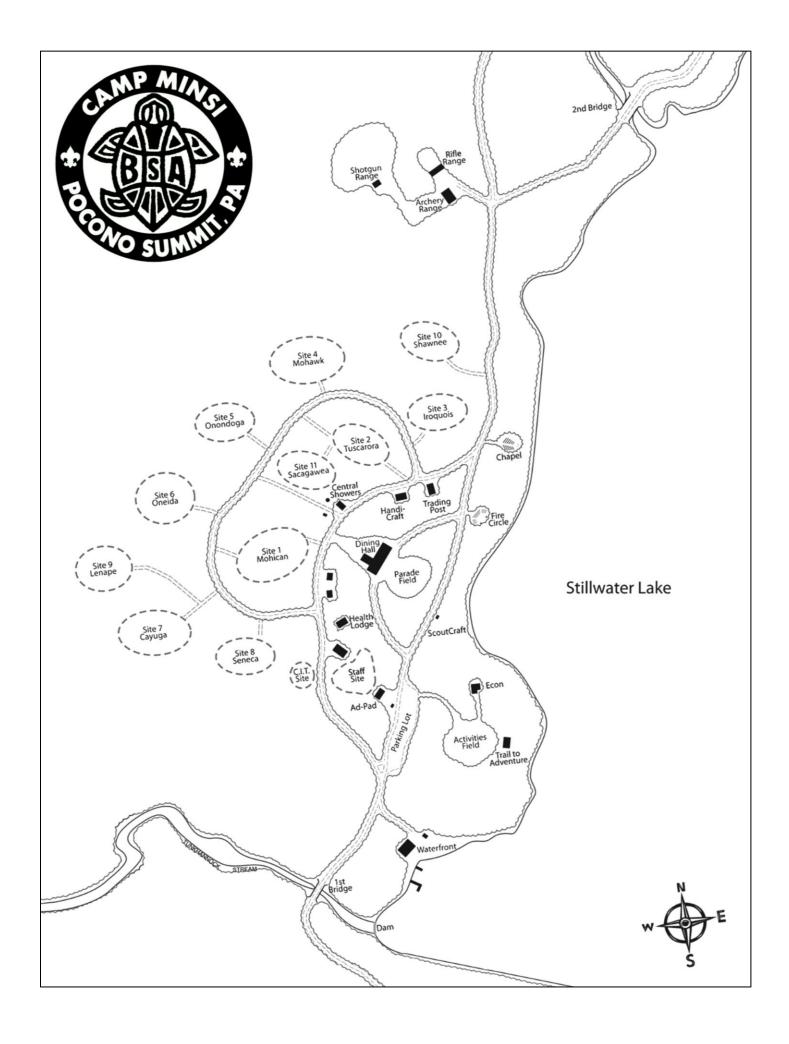
**Description:** BSA Paddle Craft Safety expands Safety Afloat training to include the skills and knowledge needed for a unit leader to confidently supervise safe boating activities.



#### **Scout Leader Merit Badge**

**Time:** On your own, open all week.

**Description:** Camp Minsi's Scout Leader Merit Badge is a progressive award for adult leaders. The program encourages leaders to get out of the campsite and participate in a variety of fun and challenging activities throughout camp. Scout Leader Merit Badge requirement sheets can be picked up in the Ad-Pad and completed throughout the week.



### Camp Minsi 2020 - Weekly Schedule

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30 AM –	JUNDAT	MONDAT	IOLSDAI	WEDNESDAT	IIIOKSDAT	FRIDAT	SATURDAT
7:00 AM –		-Early Bird- ScoutCraft	-Early Bird- AM Calisthenics in the Parade Field	-Early Bird- Frigid Froggy	-Early Bird- Morning Yoga in the Parade Field	-Early Bird- Lakeside Hike meet in Parade Field	
7:30 AM –		Breakfast	iii tile Parade Field	at Waterfront	Outposts Return	meet in Parade Field	
		Colors	Colors	Colors	Colors	Colors	
8:00 AM –							Open Cartinoantal
8:30 AM –		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Continental Breakfast
9:00 AM –							
9:30 AM –		Morning	Morning	Morning	Morning	Morning	Closing Ceremonies
10:00 AM –	Early Arrival	Programs	Programs	Programs	Programs	Programs	
10:30 AM –	Arrive and gather, Move in to campsite, etc.	Merit Badges, Trail to Adventure, Open Programs,	Merit Badges, Trail to Adventure, Open Programs,	Merit Badges, Trail to Adventure, Open Programs,	Merit Badges, Trail to Adventure, Open Programs,	Merit Badges, Trail to Adventure, Open Programs,	Departure
11:00 AM –	•	etc.	etc.	etc.	etc.	etc.	
11:30 AM –							
12:00 PM –							
12:30 PM –		Open Lunch	Open Lunch	Open Lunch	Open Lunch	Open Lunch	
1:00 PM –				Siesta			
1:30 PM –	Check-In	Siesta (Sailing Orientation)	Siesta	Siesta	Siesta (OA Service Project)	Siesta	
2:00 PM –	Office Check-in			Afternoon			
2:30 PM –				Activities			
3:00 PM –	Unit Photos, Swim Checks, Site Inspection,	Afternoon Programs	Afternoon Programs	Whitewater Rafting, The Muck Hike,	Afternoon Programs	Afternoon Programs	
3:30 PM –	etc.	Merit Badges, Trail to Adventure,	Merit Badges, Trail to Adventure,	Western Shooting, Open Boating,	Merit Badges, Trail to Adventure,	Merit Badges, Trail to Adventure.	
4:00 PM –		Horseback Riding, Leader Training,	Treetop Adventures, Leader Meeting,	Open Swimming, Open Shooting,	Mountain Biking, Leader Training,	Rock Climbing, Leader Training,	
4:30 PM –		Open Programs, etc.	Open Programs, etc.	etc.	Open Programs, etc.	Open Programs, etc.	
		0.07	0.07			0.07	
5:00 PM –				Outposts Depart			
5:30 PM –							
6:00 PM –	Colors	Colors	Colors	Open		Colors Scouts' Own Service	
6:30 PM –	Picnic Dinner	Dinner	Dinner	Dinner	Cook In Your Site Night	Service	
7:00 PM –					Site Hight	Dinner	
7:30 PM –	Camp Tour	Evening	Evening	Evening			
8:00 PM –	& Leaders	Programs	Programs	Programs		Scoutmaster & Staff Blue Card	
8:30 PM –	Meeting	Open Waterfront, TTA Super Shooter, Backwoods Hike,	Open Waterfront, Fishing Derby, Slip-N-Slide Kickball,	Frontier Town, Voyageur Outpost, History with a Bangl		Party	
9:00 PM –		ScoutCraft Cook-o-ree, etc.	Craft Night, etc.	History with a Bang!, TTA Outpost,	OA Callout		
	Camp-wide Campfire	GIU.	etc.	etc.	Ceremony	Camp-wide Campfire	
9:30 PM –	-					-	
10:00 PM –	taps	taps	taps	taps	taps	taps	